Homeostasis Investigation

SBI4U | Student laboratory assignment | 1 of 4

Prepare for your investigation

Name: _____ Date: _____ Class: _____

Research question

How does exercise intensity affect heart-rate recovery, and how does ambient temperature influence thermoregulatory responses?

Learning goal: use the virtual model to gather evidence, explain homeostasis investigation and communicate a supported conclusion.

Materials: WorksheetGalaxy virtual laboratory, this assignment, calculator or spreadsheet if needed. Virtual observations only; do not recreate hazardous procedures or perform physical fitness tests without teacher approval.

1. Define two relevant scientific terms from the Background Information tab. (K/U)

2. Write a prediction or hypothesis with a scientific reason. (K/U, T/I)

3. Identify the variable or feature compared, the measured outcome and constants or consistent observation criteria. (T/I)

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Perform the virtual laboratory

Open the corresponding virtual lab and read Background Information. Follow the investigation instructions below. Record authentic simulated results; do not invent data.

• Write two testable hypotheses and identify the independent, dependent and controlled variables for each investigation.

• Heart rate: run at least three trials using 25%, 55% and 85% exercise intensity; keep duration constant. Record peak rate and one-minute recovery.

• Thermoregulation: run at least three trials at 10°C, 22°C and 35°C; keep activity and insulation constant. Record simulated core temperature, sweating and shivering.

• Compare curves, calculate heart-rate recovery and explain feedback pathways.

• Evaluate limitations of the models and submit the completed report as PDF.

Record each completed observation using the simulator’s record control when available. Use Data & Graphs to review results. Export CSV if available; attach additional rows or screenshots when needed.

Record the exact settings and any changes to the method.

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Observations & results

Enter the actual results. Keep trial IDs consistent between continued tables. Attach the full exported data or extra sheets when the procedure requires more rows. Include units as displayed.

Data table 1

Trial / item	Investigation	Conditions	Final value	Recovery / effect

Qualitative observations / sample calculation (show units where applicable)

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Analysis, conclusion & assessment

4. Present a labelled graph of a measured relationship, or an annotated diagram / comparison chart for qualitative investigations. Attach it separately. Explain the pattern using recorded evidence. (C, T/I)

5. Analysis: compare trials and explain negative feedback (K/U, A)

6. Compare two contrasting observations from your investigation of Homeostasis Investigation. Explain the difference using the background information. (K/U, A)

7. Use a specific recorded result to answer the research question. Explain the scientific reasoning behind it. (K/U, A)

Conclusion and evaluation: answer the research question, revisit the prediction using evidence, identify a model limitation and propose an improvement. (T/I, A)

Submit this assignment plus your completed Lab Report (printed or saved as PDF from the lab) and any supporting data/figures.

K/U: accurate concepts /10	T/I: method, data, reasoning /12	C: clear tables, units, report /8	A: explanation, conclusion, transfer /10

Total: /40